



## **Curriculum Vitae**

### **Dr Samina Bilal**

#### **PERSONAL DETAILS**

Name: Dr Samina Bilal

Husband's Name: Bilal Siddiq Chaudhary

Date of Birth: 18<sup>th</sup> March 1978

Marrital Status: Married

Nationality: Pakistani

Address: 455 G, Phase V, DHA Lahore

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#### **LANGUAGE /COMMUNICATION**

**English, Urdu, Punjabi**

#### **MEDICAL EDUCATION**

MBBS ( Army Medical College, Rawalpindi ( session 1996-2001)

#### **PROFESSIONAL QUALIFICATION**

- FRCS (Glasgow) June 2018 (Royal college of surgeons Glasgow)
- Fellowship in Ophthalmology (FCPS- Fellow college of Physicians and Surgeons Pakistan): April 2008.
- Membership in Ophthalmology (MCPS – Member college of Physicians and Surgeons Pakistan): September 2005.

**PRESENT APPOINTMENT**

Working as consultant Ophthalmologist in Laser Vision Center, Lahore.

**PREVIOUS APPOINTMENTS**

<b><u>POST</u></b>	<b><u>HOSPITAL</u></b>	<b><u>DATES</u></b>
Consultant eye surgeon	Laser vision center Lahore, Pakistan	1 <sup>st</sup> Jan 2009 till date
Regional director for postgraduate courses	Muthusamy Virtual university of postgraduate Ophthalmology	
Resident Medical Officer /Trainee FCPS II	Layton Rahmatullah Benevolent Trust (LRBT) Hospital, Lahore. Recognized for postgraduate training by CPCP (College of Physicians and Surgeons Pakistan). Dep't of Ophthalmology.	04-05-2004 to 31-12-2007.  03-01-2003 to 29-04-2004.

Resident Medical Officer/ Trainee (FCPSII)	Services Hospital Lahore affiliated with Services Institute of Medical Sciences. Dep't of Ophthalmology	10-04-2002 to 02-01-2003
House Surgeon Ophthalmology	Services Hospital Lahore affiliated with Services Institute of Medical Sciences. Dep't of Ophthalmology	
<b><u>POST</u></b>	<b><u>HOSPITAL</u></b>	<b><u>DATES</u></b>
House Surgeon General surgery	Services Hospital Lahore affiliated with SIMS ( Services Institute of Medical Sciences). Surgical unit III.	03-01-2002 to 09-04-2002.
House Physician General Medicine	Services Hospital Lahore affiliated with SIMS ( Services Institute of Medical Sciences. Medical unit III.	13-05-2001 to 02-01-2002.
House Surgeon General Surgery	Services Hospital Lahore affiliated with SIMS (Services Institute of Medical Sciences). Surgical Special unit.	14-02-2001 to 12-05-2001

**MEMBERSHIP**

I am a life time member of OSP (Ophthalmic Society of Pakistan) which is dedicated to ensure highest standards of ophthalmic care in Pakistan by promoting interaction among ophthalmologists through monthly academic meetings. It also encourages research activities among ophthalmic society.

### **SURGICAL SKILLS**

- Can perform surgical procedures like Phacoemulsification with Intraocular implantation, Extracapsular Cataract Extraction +IOL, Trabeculectomy and Squint surgery independently at an expert level. I can also perform oculoplastic procedures like ectropion and entropion surgery, ptosis, chalazion and dermoid removal.
- I can also perform Argon laser, Nd-Yag laser and diode laser to treat different ophthalmic conditions.
- Can perform all diagnostic techniques such as FFA (Fundus Fluorescein Angiography), Computerized Automated Perimetry, Topography, Tonometry, Keratometry, Topography, A&B- Scan Ultrasonography, Hess chart, Orbscan, OCT( Optical coherence tomography) and use of Amblyoscope etc.
- Can perform Retinal Attachment Surgery, Posterior Vitrectomy with team assistance.

### **SPECIAL AREA OF INTEREST**

- My special area of interest is photorefractive procedures. I have already performed more than 1000 excimer procedures which include PRK (photorefractive keratectomy), and LASIK (Laser assisted in situ

keratomileus). I have performed more than 3000 refractive procedures and am able to handle complicated cases with expertise.

### **NON CLINICAL SKILLS**

- **Self starter**, I determine priorities and organize my time appropriately.
- Improving **team working skills** to establish effective working relationships with other colleagues and multidisciplinary team. I respond to requests for help with a good will. I accept advice from non-medical colleagues without relinquishing responsibility and participate in decision making with other members of the team to achieve clinical governance objectives.
- Keep my **professional knowledge and skills up to date**; however I recognize the limits of my professional competence and seek advice from senior medical and non-medical colleagues of the team.
- **Establishing good working relationships** and learning about handling the patient safely, infection control issues, health and safety dilemmas and above all communication with the patients in verbal as well as non verbal ways.
- **Honest and trustworthy** respect and **protect confidential information**;
- I have proved **flexibility, resilience, probity and thoroughness** in my previous jobs.

I use a **non-judgemental approach** to patients and colleagues and rely on my interpersonal skills to achieve good results from the system. I make sure that my personal beliefs do not prejudice my patients' care.

### **TEACHING EXPERIENCE**

I used informal as well as formal ways of teaching to achieve my goals to become a good and effective teacher which includes

I am affiliated with Muthusamy virtual university as Associate professor for online teaching program where I help the students to prepare for international exams (FRCS, ICO, MRCS ). My students have very high

success rate as I give individual attention to each student with specialized program for them to excel in the examination.

- Presentations to my colleagues at ophthalmic teaching seminars and journal clubs.
- During my residency, a learning culture was created in which all the help was provided to those who wished to appear in professional examination. I used to take active part in those discussions.
- I also hosted a few of Ophthalmic Society educational meetings in our hospital and presented difficult and interesting cases.

### **RESEARCH EXPERIENCE**

Range of Intraocular pressure IOP in normal individuals, a population based study conducted at LRBT(Layton Rehmatullah Benevolent Trust Hospital, Lahore.

Dissertation was written on this topic, and was approved by Research Training and Monitoring Cell of College of Physicians and Surgeons Pakistan.

**Self Audit** I perform a self audit by keeping a logbook of my surgical experience.

### **REFERENCES**

Dr Muhammad Tariq Khan ( Prof.Akhter Saeed medical college Lahore)

Dr. Z A Qazi ( chief consultant surgeon LRBT eye Hospital Lahore Pakistan)



